

Dear parents

The summer break is round the corner and this is the time for kids to revive, refresh and rejuvenate their energies. This is the time for them to indulge in new activities, research, explore and experiment with skills that will groom their personalities qualitatively. During this break,

1. Do not let the child waste the morning hours. Teach them to get up early and go for a nature walk. They can enjoy an afternoon nap/siesta later on.
2. Allow them to play outdoors (morning/evening), get hurt and get dirty. It's okay to fall down and experience a little pain once in a while. Make them strong and bold.
3. Help them to plant at least one sapling and take care of it or adopt a tree and water it every day.
4. Get some story/comic books for your child and let them read during the long afternoons.
5. Keep away from TV, mobiles, computers for long hours. They waste creative energies of the child.
6. Avoid giving chocolates, jellies, chips, cakes, aerated drinks and fried snacks to your child.
7. Teach them to prepare/cook their own healthy snacks, salads, lemonades, shakes at home.
8. Encourage them to do little household chores themselves - lay the table before meals and clean them after meals, refill water bottles, water the plants, dust the furniture, put utensils in the sink, fold the clothes, arrange their cupboards, clothes, bookshelves etc.
9. Spend some quality time with your child every day. Talk about your own childhood, home, friends, relationships, dreams, God, good habits, patriotism, honesty, truth, respect for women, love for all creatures etc.
10. Inspire your child by giving examples of role models, great personalities etc.
11. DO NOT DO YOUR CHILD'S HOLIDAY HOMEWORK. It has been designed in an inter-disciplinary manner to help your child probe, explore, research and learn while doing. Let the child engage in this wonderful and exciting learning experience himself/herself. Just arrange the resources required by the child to complete the activities.

Theme for Class V : 'The art of Living : Loving and Sharing'
MY SOCIAL RESPONSIBILITY

English

1. Read a book related to good values (English). Prepare an attractive book jacket. Inside the book-jacket, add 1-2 A4 size pastel sheets capturing any one interesting episode/scene of the story with pictures and important dialogues like a comic strip.
2. Also prepare a character portrayal from any story/fairytale book - self introduction, brief description of the character (8-10 sentences) with costume, to be presented during English Week after the summer break.
3. On an A4 size pastel sheet, write an original poem on 'Be Kind to Others' mentioning how you helped a stray dog/cat/animal/poor/needy person/dying plant, highlighting your loving, caring and sharing attitude. Paste some pictures of the same and add captions to describe them. Learn it. Recitation Competition will be held during English Week after the summer break.
4. In your English notebook, enlist 20 words related to good values like love, care, empathy, responsibility etc. Write their meanings. Frame sentences to bring out the meaning clearly. Paste pictures to describe them.
5. Paste Word list 1 in your English notebook. Learn the words given in Word List 1 for Word List Test to be held after the vacation.

Hindi : 1. 10 सुलेख

2. किन्हीं दो सहायकों के लिए संदेश सहित ग्रीटिंग कार्ड बनाएँ। साथ में A-4 size sheet पर निम्नलिखित विवरण दीजिए

- कार्य और समस्याएँ
- समाधान
- सरकार द्वारा चलाई गई योजनाएँ
- नागरिकों के कर्तव्य

Sanskrit

- 1 त्रीणि सामाजिककार्याणि कुरुत। तेषां छायाचित्राणि अपि स्थापयत। अपि च सामाजिककार्यणाम् नैतिकमूल्यानि अपि लिखत। (स्कैप पुरतःके)
2 दश सुलेखान् अपि लिखत। (अभ्यासपुस्तके)

Maths

You all know that using public transport and car-pool helps in fighting pollution problems in Delhi. There are many benefits of using Public Transport :

- It reduces pollution and helps the environment
- It saves money
- It helps in social bonding.

Meet 20 different people in your neighborhood/relatives using public transport like Metro, e-rickshaw, bus, private vehicles/cabs or car-pool. Create a data analysis of these 20 people in Table 1.

S.No.	Name of person	Mode of transport used
1.		

Now, show this information in tabular form using tally marks in Table 2.

S.No.	No. of person	Metro	Bus	Rickshaw/e-rickshaw	Private vehicles /Cabs	Car pool
1.						

Social Science

Q1. Visit an old age home and spend some time with the elderly, who lead their life in loneliness. Play games or arrange some activities to bring a smile on their faces. Listen to their life experiences and note them in a rough copy. Prepare a questionnaire using the following format and complete it on the basis of your notes.

Name of the old age home	Name of the person	Age	How did you reach this old age home?	Reason for staying in the old age home	Are you happy here?	Do you remember your children/grandchildren?	Do you want to go back? Why/why not?

Q2. Prepare a heart shaped paper cut-out (A3 size). On the cut-out, write a slogan related to 'My responsibility towards animals, birds and environment'.

Q3. Write 10 gestures/acts/strategies, using which you can show your loving & caring behaviour towards Mother Nature and environment at home or at school. Describe with the help of pictures. Paste the pictures on A4 size sheets along with steps taken by you. (2 pictures with description on each A4 sheet)

Science

Grow a medicinal plant and take care of it. Water it every day. Click photographs at different stages of its growth, and prepare a report along with pictures. On A4 size sheets, mention its importance in your day to day life. Find out its local/Indian name and botanical name. Mention which method/plant-part you used to grow it. Describe the benefits/importance of the plant. Also mention the diseases/ailments it can cure.

Hope you have a joyful learning experience!

Happy Summer!!!

Manju Malik
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