

Dear parents

The summer break is round the corner and this is the time for kids to revive, refresh and rejuvenate their energies. This is the time for them to indulge in new activities, research, explore and experiment with skills that will groom their personalities qualitatively. During this break,

1. Do not let the child waste the morning hours. Teach them to get up early and go for a nature walk. They can enjoy an afternoon nap/siesta later on.
2. Allow them to play outdoors (morning/evening), get hurt and get dirty. It's okay to fall down and experience a little pain once in a while. Make them strong and bold.
3. Help them to plant at least one sapling and take care of it or adopt a tree and water it every day.
4. Get some story/comic books for your child and let them read during the long afternoons.
5. Keep away from TV, mobiles, computers for long hours. They waste creative energies of the child.
6. Avoid giving chocolates, jellies, chips, cakes, aerated drinks and fried snacks to your child.
7. Teach them to prepare/cook their own healthy snacks, salads, lemonades, shakes at home.
8. Encourage them to do little household chores themselves - lay the table before meals and clean them after meals, refill water bottles, water the plants, dust the furniture, put utensils in the sink, fold the clothes, arrange their cupboards, clothes, bookshelves etc.
9. Spend some quality time with your child every day. Talk about your own childhood, home, friends, relationships, dreams, God, good habits, patriotism, honesty, truth, respect for women, love for all creatures etc.
10. Inspire your child by giving examples of role models, great personalities etc.
11. DO NOT DO YOUR CHILD'S HOLIDAY HOMEWORK. It has been designed in an inter-disciplinary manner to help your child probe, explore, research and learn while doing. Let the child engage in this wonderful and exciting learning experience himself/herself. Just arrange the resources required by the child to complete the activities.

Theme : GENDER EQUALITY

"Gender Equality is not just good for females, it is good for the whole society"

English

Q1. Join two A3 size ivory sheets to prepare a magazine (4 sides) on the topic "Gender Equality: A Boon for the Society". The magazine must include the following components:

- A catchy headline/slogan/title
- A celebrity cover story : The cover story must include a Bio-Sketch of any one famous female personality like Mother Teresa (Noble Prize Winner), Indira Gandhi (First Woman Prime Minister of India), Kalpana Chawla (First Indian Woman to travel into space) or Kiran Bedi (First Woman Officer in India) or any other empowered woman role model.

The Bio-Sketch must include: Birth, Early education, higher education, struggles, career, awards, what inspires you most about them.

- Include a visually appealing poster on the theme: 'Empower a girl. Change the world'
- You can also include puzzles, jokes, cartoon strips, advertisements etc. related to the theme.
- Decorate it beautifully.

Q2. Watch any one video of the famous speeches by Malala Yousafzai on YouTube. Imagine that you are a great writer, who is going to write a biography on her life. Imagine and prepare an attractive book cover for your book on her. Give it an attractive name. Inside the book cover, add 5-6 A4 size pastel sheets capturing her bio-sketch, the important episodes of Malala's life, famous quotes by her and relevant pictures.

Q3. Also prepare a character portrayal of any one successful woman - self introduction, brief description of the challenges faced (8-10 sentences) with costume, to be presented during English Week after the summer break.

Q4. Paste Word list 1 in your English notebook. Learn the words given in Word List 1 for Word List Test to be held after the vacation.

Hindi

1. 10 सुलेख
2. तब से अब तक : नारी की यात्रा (परियोजना)
(पारिवारिक, सामाजिक, राजनैतिक, आर्थिक क्षेत्रों में व्यक्तित्व व आत्मविश्वास में परिवर्तन)

Sanskrit

- 1 द्वयो वृक्षयोः चित्रं निर्माय तयोः विषये पंच पंचवाक्यानि लिखत ।
- 2 प्रदत्तकार्यप्रपत्रमपि कुरुत ।

Maths

Task 1: Find the sex-ratio of states: Kerala, Madhya Pradesh, Gujarat, Rajasthan, Delhi and Haryana using internet according to 2001 and 2011 census. Represent this information through a double bar graph.

Task-2 : Find the male-female literacy rate of the six states mentioned above (according to 2001 and 2011 census). Represent this information through a double line graph.

Task -3: What can you conclude/infer about the relation between sex ratio and female literacy rate? Write briefly.

Social Science

1. Prepare a thank you card for your mother. Write a self composed poem inside it.
2. Prepare a collage on A4 size on the famous female personalities of ancient, medieval and modern times.
3. Make a project on 2 female personalities of ancient, 2 of medieval and 2 of modern times and write about their contribution towards the development of society, which suggests that equality is good for the whole society. Include the project in your interdisciplinary project work.
4. Cover the project with purple cover and give it this catchy slogan.
"If we educate a man we educate an individual, but if we educate woman we educate the nation"

Science

"Contribution of Women in the field of Science"

Collect information on contribution of any five women scientists and compile it using photographs showing their achievements and contribution to the world.

Hope you have a joyful learning experience!

Happy Summer!!!



Manju Malik
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