

## MY HEALTH INFO

Name: \_\_\_\_\_ Class: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_ Tel No. (Residence): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Mobile No.: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Mobile No.: \_\_\_\_\_

Alternative person to be contacted in case of emergency; Name: \_\_\_\_\_

Tel No.: \_\_\_\_\_ Relationship with the child: \_\_\_\_\_

## HEALTH RECORD

(To be filled by family doctor / Registered Medical Practitioner)

Date of Examination: \_\_\_\_\_ Blood Group: \_\_\_\_\_ (Attach Report)

### General Examination:

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

Pulse: \_\_\_\_\_

B.P.: \_\_\_\_\_

Hair: \_\_\_\_\_

Nails: \_\_\_\_\_

Skin: \_\_\_\_\_

Nutrition Status: \_\_\_\_\_

### Systemic Examination:

Eyes: \_\_\_\_\_

Vision: R \_\_\_\_\_ L \_\_\_\_\_

Nose: \_\_\_\_\_

Ears: \_\_\_\_\_

Throat: \_\_\_\_\_ Speech: \_\_\_\_\_

Dental Exam: \_\_\_\_\_

Respiratory System: \_\_\_\_\_

Cardio Vascular System: \_\_\_\_\_

Muscular System: \_\_\_\_\_

Abdomen: \_\_\_\_\_

### 1. Serious illness the child has presently or had during early childhood

Any heart problem	
Asthma	
Convulsion / fits	
Genetic Disorder	
Blackouts	
Diabetes	
Hypertension	
History of surgery	
Any other (specify)	

<b>2. Allergies (if any)</b> I. Bee/Insect Stings II. Medicines (specify) III. Food (specify)	
If yes, What happens	
How severe	
Medicine to be taken	
<b>3. Physical Fitness</b>	
Fit to participate in age specific physical activity	
Needs to take precautions	
Should not participate in competitive sports	
<b>4. Vaccination Completed</b>	Yes / No

\_\_\_\_\_  
Name & Stamp of the Doctor

\_\_\_\_\_  
Signature

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**To be filled by the Parents**

Does your child take any medication on a routine basis.

Yes

No

If yes, give the details of the medicines that are currently being taken by your child

Name/s

Purpose

In school \_\_\_\_\_

\_\_\_\_\_

At home \_\_\_\_\_

\_\_\_\_\_

My child does/does not have any health issues presently

I understand that the school is well-equipped to provide first aid to students but whenever further treatment and management is required, the onus shall lie with the parents only. However, in case of any emergency, I authorize the school to take necessary action for the well-being of my child.

\_\_\_\_\_  
Date

\_\_\_\_\_  
(Name of the Parent)

\_\_\_\_\_  
(Parent's Signature)

Verified \_\_\_\_\_

(Dr. Anshu Asri)

Medical Officer